

**HIGHLANDS ELEMENTARY**  
**- Conflict Resolution Plan-**

**"THE SELF REFLECTION PEACE PATH"**

I, \_\_\_\_\_, agree to proceed with the following steps in case that I am confronted with a conflict at Highlands Elementary School.

I will do the following to try to solve the problem on my own first unless I/someone else is not safe:

1a. Calm down (walk away, count to ten, etc.)

1b. Write/think about your "I-Statement".

1c. Explanation of the situation. I will explain my "I-Statement" to the person I had a conflict with and they will read off their statement to me (if needed).

1d. Discussion and resolution-both parties will agree to a solution that meets each other's needs and is fair. A sincere apology will also be given.

1e. Some kind of acknowledgment (handshake, hug, pinky swear).

2. If I have attempted to solve my conflict by following all the steps above and the conflict reoccurs, I will find an adult mediator (first I will attempt to tell my teacher) to confide in and help resolve the problem immediately. My parents will also be notified by the adult.

3. If the conflict happens for the third time, and all the above steps have taken place and there is still a problem, the students involved will be sent to the principal's office for further consequences.

\_\_\_\_\_  
Student's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Teacher

\_\_\_\_\_  
Date

  
\_\_\_\_\_  
Principal

\_\_\_\_\_  
Date

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The “I-Statement”

“When you

\_\_\_\_\_”

I feel \_\_\_\_\_ because \_\_\_\_\_”

so what I would like is \_\_\_\_\_”

To: \_\_\_\_\_

From: \_\_\_\_\_

