

ITEMS OF
INTEREST

- Park District Opening?
- Virtual Programming. "The New Normal"
- Happy Fall Y'All!
- Virtual Programs For Kids
- Online Links To Keep You Active & Engaged

INSIDE THIS
ISSUE:

- It's Fall Y'All 2
- Why Do Leaves Change Color? 2
- Fall Container Gardens 2
- For The Kids 3
- For The Family 4



OCTOBER 2020

Opening? Thank You For Being Patient!

The Hazel Crest Park District continues to monitor current Covid19 statistics and guidelines in anticipation to reopen. Unfortunately at this time, all facilities remain closed with no in-person programming or facilities available. For clarification, we would like to again provide the guidelines your Park District is currently operating under based on various health and safety directives necessary to ensure compliance of enforced mandates. The Hazel Crest Park District's main priority remains and will continue to be the safety and health of our community members and to minimize the spreading of the Covid19 virus.

Until further notice, the following closures and interruptions remain in effect:

All Hazel Crest Park District facilities remain closed including the Community Center, Fitness Center and Recreation Center as well as all playgrounds.

No rentals of indoor or outdoor facilities are available at this time.

Recreational programming of all types are suspended until further notice, but we do hope to provide as soon as possible an assortment of online-virtual classes.

Parks are public places where walking paths and green areas remain open, but mandates of

no more than 50 people, wearing of masks when required and 6ft social distance may be enforced.

The Hazel Crest Park District looks forward to a time when we can provide the recreational programs and services that this community richly deserves. We appreciate your patience and understanding during this difficult time and thank you for your cooperation to keep yourself and others healthy.

We are working diligently to find ways to keep all residents and families we serve during this very difficult time and rest assured we want to open as soon as it is safe for everyone!

Virtual Programming "The New Normal"

With the weather turning colder, your Hazel Crest Park District has begun planning various online or virtual programs to connect with the residents we serve. We hope you will take advantage of these programs when offered for yourself and your children. Stay tuned for specifics!

Currently some of the categories we are exploring include:

- ◆ Kid's/Family Cooking
- ◆ Kid's/Family Crafting
- ◆ Kid's/Family Trivia Game
- ◆ Adult Trivia Game
- ◆ Virtual Bingo
- ◆ Preschool Fun Boxes

- ◆ Youth Art/Drawing
- ◆ Video E-Sport Tournaments
- ◆ E-Exercise & E-Dance
- ◆ At-Home Athletic Boxes

If there is a class or activity that you would like us to look into please email us at info@hazelcrestpark.org



*“Life starts
all over when
it gets crisp
in the fall.”*

**F. Scott
Fitzgerald**

Happy Fall Y’All — October Fun Facts

It is the second Autumn month.

National Fire Prevention Week falls during the week of October 9 each year. It commemorates the Great Chicago Fire of 1871.

The World Series for Major League Baseball generally takes place during

October and is scheduled to be played in Arlington, Texas.

There are many health observances that have October as their national month. These include Healthy Lungs, Breast Cancer, Lupus, Spina Bifida, Blindness, and Sudden Infant Death Syndrome (SIDS).

October’s birthstone is an opal; 95% of the world’s opals come from Australia.

The United Kingdom celebrates the 21st as Apple Day.



Fall Gardens...What should I plant ?

Lighten up those sometimes dark and dreary days by creating a fall planter project. This is a great stress relieving project for adults and kids alike. Purchase inexpensive pots (which the kids can decorate using permanent markers

or paint) from a discount store and have your children create their own special garden.

Here is a list of some of the easiest plants to grow in fall containers:

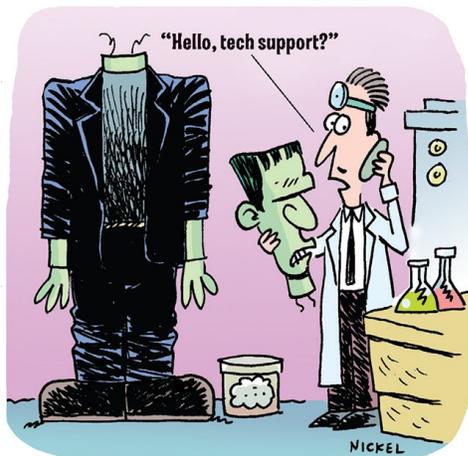
- Mums
- Pansy
- Celosia
- Purple Fountain Grass
- Flowering Kale
- Asters



Why do leaves change color in the Autumn?

Most of the spectacular colors of autumn have actually been in the leaves all summer, however they were “covered up” by the dominant green of the chlorophyll. As weather cools, and shorter days settle in, the chlorophyll begins to break down, revealing new and varied color pigments. The brightest colors are seen when late summer is dry, and autumn has bright sunny days and cool nights.

FOR KIDS OF ALL AGES!



Halloween Jokes Just For Boo!

- ◆ What kind of music do mummies listen to?
Wrap Music!
- ◆ What are a ghost's favorite rides at a carnival?
The Scary-go-round and Rollerghoster!
- ◆ Why didn't the skeleton like the Halloween candy?
He didn't have the stomach for it!
- ◆ Which ghost is the best dancer?
The Boogie Man!
- ◆ Why do vampires need mouthwash?
Because they have bat breath

Here's a link to an easy and fun no carve pumpkin project. All you need are some crayons, tacky glue and a hairdryer. Look's pretty cool!

<https://www.craftymorning.com/melted-crayon-pumpkin-decorating-idea/>



HEY KIDS!

Looking for some boredom breaker websites that offer videos, demonstrations and craft ideas you have to check out! Be sure to ask your parents permission before downloading.

- ◆ How Stuff Works <https://www.howstuffworks.com/>
- ◆ Scratch <https://scratch.mit.edu/>
- ◆ Project Kid <https://projectkid.com/>
- ◆ Magic Tricks For Kids <http://magictricksforkids.org/>
- ◆ Scrap Coloring <http://scrapcoloring.com/>
- ◆ Food Network <https://www.foodnetwork.com/recipes/packages/recipes-for-kids/>

FOR THE FAMILY

Candy Corn Punch

A Candy Corn Punch is perfect for fall get-togethers with friends or a Thanksgiving gathering. It's non-alcoholic too, so the kids can enjoy it as well!
Prep Time 10 mins Total Time 10 mins
Servings: 16 glasses

Ingredients

2 L Orange Soda
2 L Mango Juice
4-5 Cups vanilla ice cream as needed
Candy corn Garnish (optional)

Instructions

Fill your containers with ice.
Pour in the orange soda.
Lay your spoon on top of the orange soda, gently pour the mango juice over the spoon to create your layered drink.
Scoop on the Vanilla Ice cream.
Sprinkle with Candy Corn (Optional)
Serve immediately.

Family Movie Night

Gather as a family and create your own movie night at home! Check out the link for 50 flavored popcorn recipes that is sure to beat the normal butter and salt! [50 Flavored Popcorn Recipes](#)

Here is a list of some sought-after family-oriented Halloween movies available on Netflix and other Smart TV Platforms. We're sure your kids may have not seen and you might remember!

- ◆ Double, Double, Toil and Trouble
- ◆ Room on the Broom
- ◆ Halloweentown
- ◆ Monsters, Inc.
- ◆ The Nightmare Before Christmas
- ◆ Hocus Pocus
- ◆ The Adventures of Ichabod and Mr. Toad
- ◆ Wallace & Gromit: The Curse of the Were-Rabbit
- ◆ The Worst Witch
- ◆ Hotel Transylvania
- ◆ Harry Potter and the Sorcerer's Stone
- ◆ Casper



Feeling Stressed? Overwhelmed? You Are Not Alone.

Most medical experts and personnel have reported that with the unprecedented Covid19 crisis, many adults, children and other family members are experiencing increased stress and anxiety. With so many changes in our lives with how we work, how our children learn and how we interact with each other; now termed "The New Normal", none of us should be surprised if we need to take a breath, unwind and stay positive during this challenging time. For your information, listed below are some helpful links and videos that we hope will assist you and members of your family in coping and staying positive.

Central For Disease Control (July 2020)

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

10-Minute Calming Meditation Videos

<https://www.youtube.com/watch?v=ZToicYcHIOU>

<https://www.youtube.com/watch?v=IVx3mFxmL80>



We Are All in This Together...Stay Safe!